Sowing Conditions

Use this table at sowing time as a reminder of what conditions you need, how deep to sow and what container or location to sow into.

Vegetable	Germination temp./conditions	Depth	Container
ROOT VEG + ONION FAMILY			
Carrot Leek	Soil temperature above 7C Soil temperature above 7C (11-23C pref)	1cm 2.5cm	Seed drill Modules, tray or seed drill
Parsnip Beetroot	Soil temperature 1.5-17.5C Sow indoors Feb to Late March, then outside is fine. Can help to pre-soak seed for half an hour	2cm 2.5cm	Seed drill Modules or seed drill
BRASSICAS + LETTUCE			
Sprouts	Sow indoors only in Feb, outdoors from early March	1-2cm	Modules, tray or seed drill
Sprouting Broccoli	Sow indoors only until April, then either in or outdoors is fine	1-2cm	Modules, tray or seed drill
Cabbage	Sow indoors only until April, then either in or outdoors is fine	1-2cm	In-situ best or modules or seed drill
Cauliflowers	Sow indoors only until April, then either in or outdoors is fine	1-2cm	Modules, tray or seed drill
Lettuce	10-20C. Sow indoors only Feb to late March, then outdoors is fine. In hot weather, sow in afternoon.	1cm	Modules, tray or seed drill
LEGUMES			
Peas/mangetout	Pre-warm soil, with black polythene laid on it, for first sowing outside in Feb or March, or sow indoors. After April, outside is fine.	5cm	Modules, small pots or in-situ outside
Runner beans	Plants are frost tender, so inside sowing in May, in or outside from June onwards	5- 7.5cm	Pots or in-situ outside
French beans (climbing and dwarf)	Plants are frost tender, so inside sowing in May, in or outside from June onwards.	5cm	Pots or in-situ outside
Broad beans	Sow inside in Feb or outside from March	5cm	Modules, pots or insitu outside
TOMATOES, CUCURBITS + SWEETCORN			
Tomatoes	21C - sunny windowsill or heat mats	1cm	Pots or tray and prick out
Chillies	21C - sunny windowsill or heat mats	1cm	Pots or tray and prick out
Courgettes Squash Cucumber Sweetcorn	18-21C – sunny windowsill or heat mats 18-21C – sunny windowsill or heat mats 18-21C – sunny windowsill or heat mats 18-21C – sunny windowsill or heat mats	1.5cm 1.5cm 1.5cm 2.5cm	Pots Pots Pots Modules or pots

